



The 'Mange-Tian' walk



A lovely circular 8km walk from Goult. Holm oaks, big pines, open woodland, a couple of bories (stone huts), farmland and some nice views of Joucas and the Vaucluse plateau to the north.

As there is a very steep climb up from Lumières, the walk is best avoided after rain as it can be very slippery. There is a longish but not difficult climb back to the village at the end of the walk.



La Maison de Village
Rue de la République 84220 GOULT
www.goult.fr

'Grand Tour de Mange-Tian'
CAVAILLON 'IGN' MAP (3142OT)

Distance: 8km – Time: 2h-3h – Height difference: 350m
Level: Easy (with a steep climb at the start)

The path is signposted by yellow signposts and yellow way markers (stripes which may be painted on trees or stones).

NB: Watch out for the yellow way markers

- = the right direction

x = the wrong direction

Departure point : Place de la Libération.

Leave from the Place de la Libération, take the Rue de la République then the Rue de Jeu de Paume. Keep to the right of the Moulin de Jérusalem (the windmill at the top of the village), signposted 'Terrasses de Cultures', and keep on until you get to a signpost (called Jérusalem) under a big oak tree. Turn right for St Pantaléon and La Grande Garrigue Sud. Take the path down and cross over the D60. Go straight ahead and cross the Imergue river on the little cement bridge. Turn immediately right (signposted Mange-Tian) and follow signs for Mange-Tian. Climb the stone steps and scramble up the steep slope up to the plateau. (Keep following the yellow way markers.)

Once at the top, follow the path, passing beside a big borie and a large ruin (once a Stone Age oppidum). Keep straight ahead until you get to the signpost (La Grande Garrigue Sud). Turn left for St Pantaléon and Mange-Tian.

Continue down into the valley on a path between stone walls and up towards the right onto a wide dirt road to the Mange-Tian plateau. At the signpost (Mange-Tian), go straight on towards Les Dragonettes.

The road becomes tarmacked but after a few metres watch out for the yellow way marker sign to the right. The path goes along between woods and farmland, but before you go into the woods watch out for the turning to the left into a field and go on down past Roquebrune farm (discretion requested) and down to the tarmac road from Saint Pantaléon. Turn right on this road and after a few metres at the signpost (Les Dragonettes), turn right onto a wide track for Goult.

Go past Les Fenêtres Rouges and into the Imergue valley, over a bridge and in front of Le Colombier. Then turn right onto the tarmac road (D60) until you get to Chemin de Trabari. At the signpost (Trabari), turn left, taking the path which climbs up to Goult. Cross over the unmade road and take the path under the village ramparts, past an old well and up to the top of the village in front of the windmill.